

Help us raise funds & save money for yourself - call **0800 131 3000**, then quote the appeal number of **K68423**

Hello everybody, are you ready for our newsletter for January to May 2017?

We have had to reduce the number of newsletters we publish, partly because of workload and to save on postage costs. We do publish these on our web site, so if you know of somebody who doesn't get theirs, please refer them to the news section on our website.



General News: We have had a few changes at the Day Centre, with some new team members joining us. We welcome Wendy Wiid and Amanda Sweetman as carers, Ekin Brigden, as Administration Manager. Gloria Taylor will continue as a volunteer on the Administration side. In addition to this we

have appointed Dawn Sines as Locality Manager for Give and Take Care. All of this has happened whilst we continue to grow our member base - with a waitlist of 15 people wanting a day in our care. Age Concern Twyford and District is also involved in a Twinning project between Twyford and a town in France called Cuincy. We at the Day Centre believe there may be an opportunity to exchange ideas and best practices with similar organisations in France. If anybody would like to join this project, please contact Gordon at the Day Centre to find out more.

Concert: We are repeating the very successful fund raising concert with the **Woodley Concert Band** at the Piggott School. It will take place at the Piggott School on the 10th June. You can still get tickets to this popular event, they only cost £10 if purchased before the show – you can also get them at the door for £12. Just call the office on 0118 934 4040 for tickets or do it on-line at www.ageconcerntwyford.org.uk. In addition to the Woodley Concert Band, **the Jewel Tones Choir** will also be performing. This choir is based in Charvil and is made



up of girls between the ages of 10 and 18, most of them living locally. They rehearse on Sunday evenings during term time and offer a wide variety of music. So come along for an enjoyable evening – refreshments will be available on sale before the show and during the interval.



Give and Take Care: As you may know, we are partnered with Give&TakeCare and are the first locality to launch in the UK. We are really starting to see momentum building now and GATs (Give&TakeCare Credit) are being exchanged. We have also been very lucky and received regional and national headlines. During May, we were in The Times Newspaper and our very own member Lorna Frewin with her CareGiver, Diana Stenning

were interviewed and featured. Following this wonderful article, they were then interviewed and featured on BBC South Today! Thank you to both Lorna and Diana for their support and willingness to be featured. Following this exposure, we have received a number of calls from local residents wanting to know more. We are also pleased to announce that we will now be covering the Reading area with Give&TakeCare. If you would like to know more about becoming a CareReceiver or volunteering as a CareGiver, please call our office on **0118 3273538**.

Member News: The Easter Bunny was very generous again this year as he stopped by the Loddon Vale Rotary Club to say he had 500 Easter Eggs for us. We could never cope with that number of Easter Eggs, so after we made sure that we had one for each of our members, we offered the



remaining treats to other charities in the area – beneficiaries were Daisy's Dream, Camp Mohawk and Building for the Future. Our members also enjoyed a day out with the Charvil Women's Group at their Annual tea party in the Charvil Village hall. The guests were entertained by Mandy Shora as well as Gary Roman an Elvis tribute. A special guest appearance was our Prime Minister, Theresa May, who stopped in for a chat to guests and a quick dance with Dennis Shepherd, (Dennis seems to be making a habit of getting on the PM's dance card).



Outreach Programme. Here are a few statistics to give you an idea of how we are doing with our outreach programme. Since January this year we have contacted 86 people, who could have been lonely or isolated. Eight of these have become members of Age Concern Twyford and District and now come into the Day Centre for at least one day per week. Six others have been referred to other services and we have 15 people on the waitlist. The remainder now know about us and the services we provide, and are comfortable in the knowledge that they have a place they can go to if they need any social interaction. It is a known fact that loneliness leads to social isolation, which in turn can lead to serious illness. We want to help people avoid all of these, so if you know of somebody who is lonely, let us know and we will talk to them.

Sunday Club. Our Sunday Club is continuing as before, these take place on the 3rd Sunday of every month, sometimes it is just tea and a chat and sometimes, tea, a chat and a movie, so don't be lonely on a Sunday, give us a call on 0118 934 4040 to book a place at a Sunday club session.



If you don't want to receive this newsletter, please let us know and we can simply take you off the mailing list. But we really don't want to lose touch with you, so please stay with us!